



INDIAN YOGA FEDERATION

Registration of Societies W.B. Act XXVI of 1961 No. S/34110 of 1981-1982

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RESULTS SHEET - 1

NAME OF CHAMPIONSHIP: 41ST NATIONAL YOGASANA CHAMPIONSHIP 2022-2023

VENUE : PUDUCHERRY,

Date: 26TH TO 28TH DECEMBER 2022

SUB JUNIOR GIRLS (Age 8 to 14 years)			SUB JUNIOR BOYS (Age 8 to 14 years)		
1 ST	ANUSKA CHATTERJE	W.B.	1 ST	PRIYAM BHOWMIK	W. BENGAL
2 ND	DHRITI DEBNATH	TRIPURA	2 ND	TANMOY SARKAR	TRIPURA
3 RD	KOYEL GIRI	W.B.	3 RD	RAJDEEP PAUL	TRIPURA
4 TH	PARINITA ROY	TRIPURA	4 TH	SUBHADEEP DAS	W. BENGAL
5 TH	PARIJAT SAHA	TRIPURA	5 TH	SAGAR ROY	TRIPURA
6 TH	PRATHAMA AICH	ASSAM	6 TH	DEEPAYAN CHATTOPADHYA	W. BENGAL
7 TH	RAJNANDINEE KASHYAP	ASSAM	7 TH	G.LATA VARDHAN	A.PRADESH
8 TH	PIU PAILAN	W.B.	8 TH	J. SURYA PRAKASH	T. NADU
9 TH	BHUMI	HARYANA	9 TH	L. GOPALA KRISHNA	T. NADU
10 TH	DEEPIKA PRAMOD	KERALA	10 TH	R. ROHIT	T. NADU
JUNIOR GIRLS (Age 14 to 20 years)			JUNIOR BOYS (Age 14 to 20 years)		
1 ST	PROMITI BARMAN	W.B.	1 ST	SOUMAJIT BOKSHI	W. BENGAL
2 ND	ANNASHA BHOWMIK	W.B.	2 ND	ARITRA DAS	W. BENGAL
3 RD	DEBASMITA ADAK	W.B.	3 RD	BIDHAN GHOSH	W. BENGAL
4 TH	RIMA BEGAM	TRIPURA	4 TH	DRUVAJIT DAS	TRIPURA
5 TH	PUJA BHATTACHERJEE	TRIPURA	5 TH	S. RISHI KUMAR SINGH	MANIPUR
6 TH	PAYAL DAS	TRIPURA	6 TH	BIJOY PAUL	TRIPURA
7 TH	REHANA	DELHI	7 TH	NG. JACKSON SINGH	MANIPUR
8 TH	K. VIJAYASREE	A. PRADESH	8 TH	ADARSH RAJEEV	KERALA
9 TH	SUMISHA S. PAD	KERALA	9 TH	GOKUL GOWDA ND	KARNATAKA
10 TH	SHRAYANI MORE	MAHARASTRA	10 TH	HIMANSHU DUBAY	M. PRADESH
			10 TH		

SENIOR GIRLS - A (Age 20 to 30 years)			SENIOR BOYS - A (Age 20 to 30 years)		
1 ST	TRISHA GHOSH	W. BENGAL	1 ST	SWAPNODIP ROY	W. BENGAL
2 ND	NANDITA SEN	TRIPURA	2 ND	KAILASH TRIPATHY	W.BENGAL
3 RD	CHANDRANI PAUL	W. BENGAL	3 RD	SOURAV GHOSH	TRIPURA
4 TH	MADHUMITA ADAK	W. BENGAL	4 TH	MAHANTY SRIKANTH	TELANGANA
5 TH	ISHA SUTRADHAR	TRIPURA	5 TH	MADHAB DEBNATH	TRIPURA
6 TH	DIPSIKHA SEN	TRIPURA	6 TH	ASHWIN DHARME	MAHARASHTRA
7 TH	G. JEEVITA	A. PRADESH	7 TH	LAKSHMI KANTH C.	KARNATAKA
8 TH	RAKHI	HARYANA	8 TH	RAJNEESH	DELHI
9 TH	SHEETAL	DELHI	9 TH	B. SUDEER	A. PRADESH
10 TH	VARUNA ARYA	DELHI	10 TH	ANTONY VARUN FRANCIS	KERALA

Mrinal Chakraborty
Secretary

Chairman/Convener TC & RB ½

INDIAN YOGA FEDERATION

NAME OF CHAMPIONSHIP : 41st NATIONAL YOGASANA CHAMPIONSHIP 2022-2023

Date: 26th to 28th December 2022

SENIOR- B, WOMEN (Age 30 to 40 years)			SENIOR-B, MEN (Age 30 to 40 years)		
1 ST	MOUMITA MALIK	W. BENGAL	1 ST	M. RAJESH	A. PRADESH
2 ND	SUMANA SANTARA	W. BENGAL	2 ND	SHIBIN V.S.	KERALA
3 RD	PAPIA BISWAS	W. BENGAL	3 RD	AMIT	HARYANAN
4 TH	SUSHMITA DEBNATH	TRIPURA	4 TH	HARI SHANKAR JAISWAL	W. BENGAL
5 TH	RUPALI DHEMBARE	MAHARASHTRA	5 TH	JAYANTA MAJUMDAR	W. BENGAL
6 TH	KAKALI SAIKIA	ASSAM	6 TH	JOGESHWAR SANAP	MAHARASHTRA
7 TH	D. SHIVA KUMARI	A. PRADESH	7 TH	PRIYONATH DEY	W.BENGAL
8 TH	JISHA RAJU	KERALA	8 TH	YOGESH	MAHARASHTRA
9 TH	REMYAA	KERALA	9 TH	ANAND	DELHI
10 TH	KONDURI SRIVALLI	TELANGANA	10 TH	SAJITH KUMAR V.	KERALA

MASTER-A, WOMEN (Age 40 to 50 years)			MASTER-A, MEN (Age 40 to 50 years)		
1 ST	MONI PATTANAYAK	W.BENGAL	1 ST	SUBHASH DEBNATH	TRIPURA
2 ND	SAYLEE BOMPILWAR	MAHARASHTRA	2 ND	MAKHAN CHANDRA MAITY	W. BENGAL
3 RD	RAKHEE GUGALE	MAHARASHTRA	3 RD	SUSANTA MONDAL	W. BENGAL
4 TH	CHAITALI BISWAS	W. BENGAL	4 TH	ASHOK KUMAR GHOSH	W. BENGAL
5 TH	AY. BEDASHASTRI DEVI	MANIPUR	5 TH	JAGHADEESH H.N.	KARNATAKA
6 TH	KIRTI GARAYE	TELANGANA	6 TH	JAYESH K.J.	KERALA
7 TH	JYOTI WARNEKAR	MAHARASHTRA	7 TH	N. BABU RAO	A. PRADESH
8 TH	G. INDU	TELANGANA	8 TH	BIJU KARAP	KERALA
9 TH	MONITHA PACHOLY	TELANGANA	9 TH	RAJESH SHARMA	DELHI
10 TH	SUTAPA ROY	TRIPURA	10 TH	ARUN KUMAR T.K.	KARNATAKA

MASTER-B, WOMEN (50-60 years)			MASTER-B, MEN (50-60 years)		
1 ST	KEYA GHOSH	W. BENGAL	1 ST	ASHIM SARKAR	W. BENGAL
2 ND	GOURI CHATTERJEE	W. BENGAL	2 ND	BISHNATH DAS	W. BENGAL
3 RD	ANJALI PRAMANIK	W. BENGAL	3 RD	KRISHAN KUMAR	DELHI
4 TH	M. SANAHANBI DEVI	MANIPUR	4 TH	Y. VENKATESWAR RAJ	A. PRADESH
5 TH	T. CHOSINI DEVI	MANIPUR	5 TH	SHIVAJI GHODAKE	MAHARASHTRA
6 TH	SUNITA	DELHI	6 TH	B. NARASINGA RAO	A. PRADESH
7 TH	PADMA KUMARI S.N.	KARNATAKA	7 TH	AJITH KUMAR T.K.	KERALA
8 TH	S. SHATYABATI DEVI	MANIPUR	8 TH	K. SHANKAR	TELANGANA
9 TH	REKHA VARMA	MAHARASHTRA	9 TH	M. M. SHAJI	KERALA
10 TH	PADMAVATI H.	KARNATAKA	10 TH	UNNIKRISHNAN G. D.	KERALA

MASTER-C, WOMEN (Above 60 years)			MASTER-C, MEN (Above 60 years)		
1 ST	AKKA JADHAV	MAHARASHTRA	1 ST	P. GOPALA KRISHNA	KARNATAKA
2 ND	SANGITA NASHTA	MAHARASHTRA	2 ND	D. NAGARAJ	KARNATAKA
3 RD	ANNAMMA P.O.	KERALA	3 RD	NANDAKUMAR S.	KERALA
4 TH	JHARNA MITRA	W. BENGAL	4 TH	SACHINDRANATH DAS	W. BENGAL
5 TH	KH. PRAMODINI DEVI	MANIPUR	5 TH	T. MADHAV RAO	A. PRADESH
6 TH	DIPSHIKHA MIDDYE	W. BENGAL	6 TH	PRADIP SARKAR	W. BENGAL
7 TH	KSH SOBHARANI DEVI	MANIPUR	7 TH	M. BIJOY SINGH	MANIPUR
8 TH	ANITA MONDAL	W. BENGAL	8 TH	TAPAN KUMAR GHOSH	W. BENGAL
9 TH	VASANTHY KD.	KERALA	9 TH	N. MANICHOU SINGH	MANIPUR
10 TH	RAJNI GUASAI	DELHI	10 TH	K. UMAHESWAR RAO	A. PRADESH

Champion of Champions: Boy's – Priyam Bhowmik W.B.
Girl's – Promiti Barman W.B.

Team Champion: West Bengal
Runners Team: Tripura

Secretary

Chairman/Convener TC & RB

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